



CHALLENGES TO
BIOMARKER
DEVELOPMENT IN
CANADA



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ACKNOWLEDGEMENTS

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BACKGROUND

North American experts in medical imaging met with University of Saskatchewan health researchers and students on April 10, 2014 to discuss how advanced imaging and other biomarkers can speed up the detection and treatment of diseases that affect people and animals. Biomarkers help medical imaging specialists measure the severity or presence of disease in the body. This ‘Biomarker Development’ workshop focused on the challenges in developing nuclear biomarkers and nanoprobes (tiny particles used to detect, diagnose and treat disease) to better understand specific disease mechanisms and pathways.

Sixty two participants including faculty, undergraduate and graduate students, postdoctoral fellows, residents and interns from various department all across campus were able to attend. This event was funded through partnership with the College of Engineering [University of Saskatchewan], College of Medicine [University of Saskatchewan], GE Healthcare Canada, Philips Healthcare, Saskatchewan Health Research Foundation, Sylvia Fedoruk Centre, University of Saskatchewan, and the Western College of Veterinary Medicine.



Figure 1 - Biomarker Development Workshop Participants & Organizers

Speakers included: Dr. John Gore, Director, Vanderbilt University Institute of Imaging Science; Piotr Maniawski, Director, Clinical Science, Advanced Molecular Imaging, Phillips Healthcare; Dr. Ekaterina Dadachova, Professor, Albert Einstein College of Medicine of Yeshiva University; Dr. Dayan Goodenowe, President/CEO, Phenomenome Discoveries Inc. (Saskatoon); Dr. Robert Kerbel, Senior Scientist, Sunnybrook Research Institute; and Dr. Amy LeBlanc, Associate Professor, Small Animal Clinical Sciences, College of Veterinary Medicine, University of Tennessee.

Before the next generation of biomarkers can be developed, researchers must understand the unique molecular “signature” of a disease. That information is used to develop biomarkers that can be used for precise imaging or targeted drug delivery. “This workshop will foster the advancement and exchange of health research knowledge and identify pressing needs for research in the area of biomarker development for imaging conditions such as cancer,” said Dr. Baljit Singh, Associate Dean (Research), Western College of Veterinary Medicine.




Figure 2 - Plenary Session, International Speaker, Dr. Ekaterina Dadachova, Professor, Department of Radiology (Nuclear Medicine), Albert Einstein College of Medicine, Yeshiva University

BREAKOUT GROUP SUMMARIES

Summary: Development of Animal Models – Dr. Robert Kerbel

Our discussion was focused mainly on small animals, i.e., mice, and mainly in the context of oncology. But the principles apply in a number of ways to other therapeutic areas. The focus of our discussion mainly revolved around the point of the inadequacy of most current animal model in terms of their clinical relevance. So, clearly there is a compelling need to keep improving the clinical relevance of animal models, and moreover, to undertake rigorous cross comparison studies.

By way of example, interest in developing spontaneous cancers in genetically engineered mice which mimic better their human counterparts compared to tumors derived from transplanted tumor cells grown in tissue culture, continues to grow. At the same time there is significantly expanding interest in what are known as patient derived xenograft (PDX) models involving the direct transplantation of human tissue into immune deprived mice. Each of these models has advantages and disadvantages, and therefore what constitutes a "best" model depends in part on the question that one is trying to address. By way of example, if one is interested in developing and assessing a vaccine or some other kind of immunotherapeutic, this would not be possible when using immune deprived animals. So this is an area where spontaneous tumors arising in genetically engineered mouse models, or in other species where they arise naturally, such as dogs have their advantage. On the other hand, if one wanted to undertake studies of neoadjuvant or adjuvant therapy post surgery, this is extremely difficult to do with genetically engineered mouse models of cancer since these mice multiple often develop numerous primary tumors asynchronously over time. Moreover, most such models do not manifest disseminated metastatic disease in contrast to the use of transplanted cell lines. On the other hand there are questions that could be addressed using a one these sorts of model.



The focus of our discussion mainly revolved around the point of inadequacy of most current animal models in terms of their clinical relevance. So, clearly there is a compelling need to keep improving the clinical relevance of animal models, and moreover, to undertake rigorous cross comparison studies.

What we now need is some sort of very rigorous and detailed cross comparison of these models in parallel side-by-side studies examining in a retrospective comparative fashion the relative efficacy of known drugs that were previously evaluated in randomized phase III clinical trials. This would be an extremely expensive proposition, but it is one that nevertheless pharmaceutical and biotech industries should consider investing heavily in, with the aim of the development of some kind of consortium involving both industry and academia. In the long run such a collaboration could have a huge impact on lowering the incidence of failed clinical trials, which can be enormously expensive. The likely cost of such a consortium would probably be not much more than the cost of a single failed randomized phase III clinical trial sponsored by a single company. From this perspective it is hard to see why pharmaceutical companies would not want to work together with each other, and with academia, to provide the bulk of financing for the development of an animal model consortium the particular bias at the present time for one type of model over another.

Another challenge is changing the current mindset of editors of peer-review scientific journals as well as reviewers regarding the necessity for undertaking parallel studies in multiple models. While desirable, there has to be a greater appreciation and awareness of the time and money that it takes to develop new and more sophisticated models. This likely constitutes one of the reasons why, to this day, there remains an emphasis on using the least expensive but probably also the least predictive models available e.g. growth of transplanted tumors in the skin of mice and undertaking short-term therapy experiments.


Regarding imaging, whether molecular or anatomical/functional in nature, it should have an absolutely key role in the development and use of improved animal models. By way of example, one compelling criticism of cancer therapy experiments undertaken in mice, regardless of the type of model used, is the failure of many if not most investigators to use clinically relevant endpoints in their studies. Such an endpoint would be what is known as progression free survival (PFS). In humans this is always assessed by imaging, and PFS is increasingly used and accepted as an endpoint in clinical trials. Clearly, this creates a wealth of potential an exciting opportunities for many different kinds of imaging approaches, and that can obviously molecular imaging, to assess such things as whether the target of a particular drug is expressed by a tumor and to what degree, whether the target is affected by drug treatment, and how this affects ultimate clinical outcomes. In addition, greater emphasis on developments of models involving treatment of systemic metastatic disease and multiple organ sites such as the lungs, liver, bones, brain, amongst others, creates an obvious and compelling the for both functional and molecular imaging.

Summary: Industry Engagement and Translational Technology Development – Dr. Gregg Adams

The main challenge identified was the lack of availability of markers for PET, and that this situation is unlikely to change since at present, there is no incentive for commercial enterprises to develop markers. The incentive may change with anticipated up-swing in the use of PET. Specific issues regarding industry engagement and technology development are:

- More specific ligands or markers for downstream users – specific labels for specific tissues and cell types is critical for further expansion of the use of all medical imaging technologies including MRI, CT, PET, synchrotron x-ray imaging. Biomarker development itself will require a separate and concerted research program
- Short shelf life of markers, particularly for PET, is a limiting factor. The short shelf-life of biomarkers complicates the logistics and scheduling of experiments
- Regulatory issues surrounding the use of radio-isotopes is seen as an important limiting factor
- A solution for our campus is the production of isotopes from our own cyclotron. In the future, we envision bench top, single-dose cyclotrons to meet local specific requirements
- Further development of specifically labeled nano- or microspheres for use with ultrasonography has unrealized potential. Microsphere technology has greater flexibility for different types of labels.
- Sufficient signal for detection is a limiting factor for all imaging modalities; i.e., is the signal or number of signals produced per unit of tissue sufficient to be picked up by the detector?
- Detector technology – increased sensitivity is required

Although the question about encompasses how we can engage industry, any initiative that includes the issues outlined above should be of interest to the industry.



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Summary: Academic and Industry Collaborations – Dr. Amy LeBlanc

The discussion regarding academic and industry collaborations included themes on how to approach industry for collaborative efforts spearheaded by academia, how to engage existing personnel within the University with a research interest into new collaborations, and how to manage the data generated by such collaborations with respect to IP, licensing, and publication rights. In general, industry can benefit from the academic side as most new knowledge, access to animals/patients, and unique expertise is found there; academia can benefit from industry based on their ability to garner capital investment funds and/or access to unique technology.

From the industry side: a clear understanding of the expectations is needed; the pace of work is often much slower than most industry stakeholders are used to. There is a need to identify and understand benchmarks for success and how the data generated will be used to advance knowledge and thus profits for the corporation involved. Frequent face-to-face meetings are usually needed in the very beginning of collaborations to form a path forward. Having a dedicated 'point person' or 'flag carrier' is important.

From the academic side: similarly expectations should be clear from the beginning and that personnel involved in the collaboration have sufficient protected time to dedicate to the timeline of the project(s). Rights to publish/present data should be determined up front. Budgeting and indirect costs/cost sharing should be evaluated closely as the scope of work evolves. A commercialization plan for any new technologies developed within the collaboration should be considered if the data is promising.

Funding of collaborations that involve academia and industry could be supported by external granting opportunities. For example, in the US, the NIH SBIR/STTR grant mechanisms are one example.



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Summary: Highly Qualified Personnel (HQP) Training – Dr. Darrell Mousseau

BACKGROUND: A key requirement in the training of highly qualified personnel (HQP) is the need to understand what will be expected of any given HQP and how to best prepare them for their careers, all the while benefiting from them as trainees. There tends to be a bias against PhD trainees in the Industrial sector (perhaps because they are viewed as being over-qualified or perhaps because Ph.D. graduates might already be pigeon-holed in a way of thinking (they carry their graduate training Supervisor's own biases); there is a preference for hiring Master's students. In contrast, Academia prefers the Ph.D. trainee as they have a higher potential for being able to undertake independent research projects. What is becoming clear is that any individual that is anticipating a career track in Academia is now also expected to have, in addition to their research and teaching skills, the capacity for proper management of Human Resources and Finances as well as to understand, if only at the basic level, Entrepreneurial/ Marketing management. These are unreasonable expectations, but expectations none-the-less.

The ultimate goal of any research program is to develop increasingly effective researchers who can develop more robust and satisfying outcomes for consumers, with the ultimate goal –at least in health-related research– to generate new approaches to the identification, diagnosis, and treatment of disease. Trainees will include graduate students, postdoctoral fellows, research assistants, medical residents, and early career mental health researchers.

PROGRAMS: A range of educational approaches should be considered to reach the various target groups, including (a) workshops (CME accredited?), (b) recognized certification programs, (c) co-supervision and/or exchange programs, (d) knowledge dissemination and transfer. Workshops can take on the form of the current 'Biomarker Development Workshop' and CME accreditation will have to be explored by the local CME Office and or the department that is hosting the Workshop.


Co-supervision of Graduate Students: Within a given academic setting, programs should facilitate establishing co-supervision roles for graduate students, postdoctoral fellows and clinical fellows. Dual degrees might be considered, but these are always limited to the degree requirements established by the home institution. Co-supervision involves providing each trainee with two supervisors, in the case of Imaging, having at least both a Ph.D. as well as an M.D. supervisor would ensure that students are familiarized Imaging in both research and clinical contexts. These days, interactions between trainees at different sites can be facilitated by interactive websites, e-mail, and video/ teleconferences. Regular assessments –consistent with the requirements of the home institution– of progress of graduate students and postdoctoral fellows will be needed.

Exchange Programs: Such programs should allow graduate students and fellows to accept placement time at centres other than their primary institution. Funding agencies will need to be included in these discussions so as to partner on stipends and travel/living expenses, thus ensuring a positive experience for trainees in their host institution, which might not be financially able to support the trainee or could be in another country and, thus, unfamiliar to the trainee(s). The impact of a given program will be reflected in the number of degrees and certificates conferred, by the rate of recruitment of new trainees, and by the number of trainees continuing on with programs and careers related to Imaging.

Research Presentations: Annual meeting of the Imaging Program/Network should include a strong trainee component for delivery of research presentations. This would be over and above their attendance at discipline-specific or broader interest National and International scientific conferences.

Knowledge Transfer: Trainees should be expected to transfer research knowledge to clinicians and, in partnership with mentors and supervisors, trainees should be provided the best opportunities to become actively involved in the writing/preparation of associated materials (articles, patents, grant applications).

“VALUE ADDED” OF TRAINEE PROGRAMS: These programs will provide increased opportunity for shared funding of graduate programs. Networking with other researchers will facilitate future partnerships (and reduce duplication of effort), and yield stronger trainees. Research dissemination will help to increase public awareness of the problems associated with disease being studied and any novel means of identification, diagnosis, and treatment of disease.



The ultimate goal of any research program is to develop increasingly effective researchers who can develop more robust and satisfying outcomes for consumers, with the ultimate goal –at least in health-related research– to generate new approaches to the identification, diagnosis, and treatment of disease.

MORE PHOTOS



Figure 3 - Workshop Participants



Figure 4 – Plenary Session, National Speaker, Dr. Robert Kerbel, Professor, Department of Medical Biophysics, Faculty of Medicine, University of Toronto



Figure 5 – Speakers: [Back Row Left to Right] Dr. Paul Babyn; Dr. John Gore; Dr. Baljit Singh; Dr. Deborah Anderson. [Front Row Left to Right] Dr. Ekaterina Dadachova; Dr. Robert Kerbel; Dr. Amy LeBlanc; Dr. Dayan Goodenowe

APPENDIX

Table 1: Workshop Participants

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LEGEND: CLS – Canadian Light Source; COAB – College of Agriculture and Bioresources; COAS – College of Arts and Science; COE – College of Engineering; COM – College of Medicine; COPN – College of Pharmacy and Nutrition; ILO – Industry Liaison Office; VIDO-InterVac – Vaccine and Infectious Disease Organization International Vaccine Centre; WCVM - Western College of Veterinary Medicine